

Cancellation Policy:

- ◆ To receive a FULL REFUND, NEI must know IN WRITING NO LATER THAN 4 weeks prior to the date for which you are registered to attend—that is the same date as the REGISTRATION DISCOUNT DATE.
- ◆ Cancellations made less than 4 weeks prior to the date for which you are registered WILL BE REFUNDED IN FULL ONLY if your canceled space is filled.
- ◆ NEI reserves the right to cancel any of these weekends if it does not receive at least 15 reservations by the respective registration dates. You will be refunded in full if this occurs.

Sleeping Arrangements:

We can accommodate up to 21 people. WE NEED A MINIMUM of 15 participants to make these weekends happen! Sleeping arrangements are as follows: *3 dorm-type rooms and 4 private rooms and 1 semi-private room. There are no private bathrooms. PRIVATE ROOMS ARE GIVEN ON A FIRST-COME, FIRST-SERVED BASIS.*

Schedule:

Friday	8:30 p.m. SHARP!	Introduction--hellos, house rules, ground rules, temporary sponsor availability, chore sign-up, potluck update...
	9:15 p.m.	Draw names of chairpersons and speakers for weekend meetings.
	9:30 p.m.	Getting Current/Check-ins
Saturday	8:00-9:00 a.m.	Breakfast
	9:15-11:00 a.m.	Meeting on Steps 1, 2 & 3 (read/speakers/break into small discussion ["buzz"] grps)
	11:15-12:45 a.m.	Meeting on Steps 4 & 5 (read/speakers/break into small discussion ["buzz"] grps)
	12:45 p.m.	Lunch--you are on your own!
	3:30-5:00 p.m.	Meeting on Steps 6 & 7 (read/speakers/break into small discussion ["buzz"] grps)
	5:45 p.m.	Potluck Dinner (everyone helps serve and clean up!)
	7:00-7:30 p.m.	Getting Current Meeting--check-in, how are we doing?
	7:30-9:00 p.m.	Meeting on Steps 8 & 9 (read/speakers/discussion)
	9:00 p.m.	Group activity--Fun!!! Any ideas?
Sunday	8:00-9:00 a.m.	Breakfast
	9:30-11:45 a.m.	Meeting on Steps 10, 11 & 12 (read/speakers/discussion)
	12:00 p.m.	Closing--11th Step Prayer, sing Amazing Grace.

Extra Support and Ground Rules:

We try to be aware of people's concerns, needs and issues. As a result, we have come up with a number of safeguards and ground rules to make the weekend safe and enjoyable to all who wish to participate. The ground rules list will be sent to all participants with their confirmation form.

Some of the extra support items we have implemented into the weekend are:

- ◆ *There is no sobriety requirement to attend, but participants MUST STAY SOBER DURING THE WEEKEND.* This ensures that everyone can attend in safety and work together to expand our recovery. People will be asked to leave if they do not abide by this rule.
- ◆ *Getting current during the weekend.* There are several opportunities to use this tool during the weekend: 1) opening evening everyone will have a chance to say who they are, where they are from, how they are feeling, where they are in the Step study process, and what they are expecting from the weekend; 2) Saturday evening after dinner which is before the 8th & 9th Steps--1 full day into the process; 3) One-on-one with weekend participants and temporary sponsors.

- ◆ *Temporary sponsorship availability.* This tool will help people to work through feelings and issues that may come up as a result of the work they are doing during the weekend. The process can be quite intense and exhausting, so the additional weekend sponsorship can be particularly helpful to those who are feeling in danger of acting out or just need to process feelings, etc.
- ◆ *Social activity--fun.* Many of us feel tired and overwhelmed by the marathon meetings. The group activity helps with the process during the weekend. Being half way through the Step study, what better time than to relax and have a little sober fun. It helps to enhance the experience and nurture our need to take care of ourselves by lightening up a bit. SUGGESTIONS ARE WELCOME!!
- ◆ *Longer lunch on Saturday and more break time.* The timing of the weekends lends to the wonderfulness of the area and time of year. There are great little shops in the area, Bill W.'s birthplace is nearby, and in the good weather there is a pool, tennis and basketball courts, and a roller blade "rink" out back, and a rushing river across the street out front. During the winter months there is sledding, cross-country and downhill skiing nearby. All can offer well-deserved distractions, if needed. Taking time out from the intensity of the weekend for relaxation, even a nap, can make us more refreshed and open to the miracles of the process.

If you have any questions, issues, or concerns, please email the Vermont Coordinator at vtweekend@slaanei.org or call NEI at 617/625-7961 and leave a message for *the Vermont Coordinator*. We hope you will be able to join us for one of these very special weekends!

NEW ENGLAND INTERGROUP (NEI), P. O. Box 1375, Brookline, Massachusetts 02446 (617) 625-7961

S.L.A.A. 12 Step Weekend Retreats Registration Form

Chester, Vermont (2 1/2-3 hours from Boston)

Name: _____ Check One: [] I need a ride
 Address: _____ [] I can give ___ people a ride
 _____ Telephone # _____

Do you have an email address in which we can send confirmation letter and directions? ___ Yes ___ No*

Email address: _____ (* If no, confirmation packet will be sent to address you have listed above)

Name of person(s) with which you wish to room (include Tel #'s) _____

(ALL roommates MUST register & be paid in full at the same time to guarantee sleeping arrangements.)

[] I will only share a room with (circle one) **women** **men** **no one**
 [] **I am a snorer!** [] **I am a light sleeper!** (IT IS RECOMMENDED to bring earplugs.)

[This information is to help us set-up sleeping arrangements and still respect peoples boundaries and needs. We will try to accommodate everyone with their sleeping needs, but we ask you to remember that this is a temporary sleeping situation. Please be willing to work together to meet each other's needs. Self-forgetting and forgiving are VERY helpful tools during the weekend!]

Date of Attendance: (Circle all that you wish to register for.)

Mar 28-30, '08 * Jul 11-13, '08 * Oct 3-5, '08 * Dec 19-21, '08

<p>Please add my name to the NEI mailing list for updates on activities & events: <input type="checkbox"/> US mail or <input type="checkbox"/> email</p> <p>_____</p> <p>Email address</p>

\$155.00 for each weekend IF RECEIVED BY DEADLINE.....Total enclosed: _____

\$175.00 for each weekend IF RECEIVED AFTER DEADLINE.....Total enclosed: _____

Some scholarship assistance is available. Arrangements made in consultation with the co-leaders. Call NEI for details!

MAKE CHECKS PAYABLE TO: *New England Intergroup, P. O. Box 1375, Brookline, MA 02446*

Questions? Email the Vermont Coordinator at vtweekend@slaanei.org or call NEI at 617/625-7961 and leave a message for the *Vermont Coordinator*. Make sure you reference the Step Weekend in your message. *Sign-ups will be on a first-come, first-served basis. Confirmations will be made upon receipt of your payment.*